



NAPC | National Association
of Primary Care



Clinical Leadership for PCNs

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What we will cover

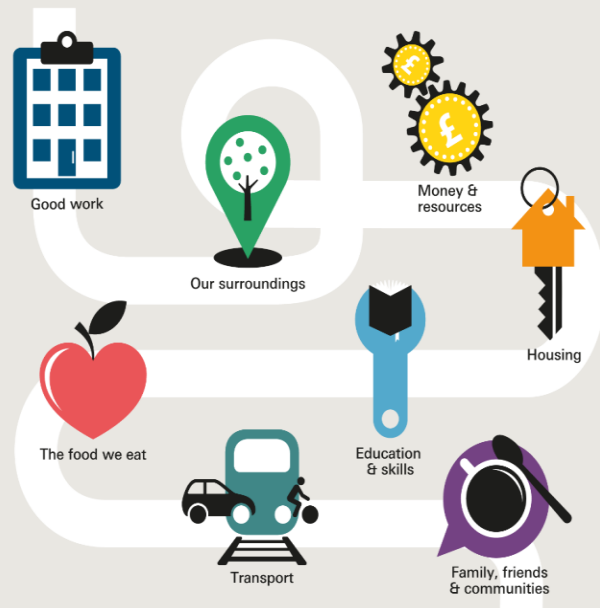
- Using the BLMK story to set the scene - the NHS Long-Term Plan, PCNs, PCN leadership and the critical role of GPNs in PCNs.
- What's going on now in Oxfordshire / BOB; what opportunities do PCNs bring for GPNs, general practice, patients locally
- What do you feel able to go away and do?; what would stop you?; what support do you need?

NAPC starting point ...

What makes us healthy?

AS LITTLE AS
10% of a population's health and wellbeing
is linked to access to health care.

We need to look at the bigger picture:



But the picture isn't the same for everyone.

The healthy life expectancy gap between the
most and least deprived areas in the UK is: **19** YEARS

The greatest influences
on people's health &
wellbeing come from
outside direct healthcare
provision.

McGovern L, Miller G, Hughes-Cromwick P. Health Policy Brief: The relative contribution of multiple determinants to health outcomes. Health Affairs. 21 August 2014. Available from: http://healthaffairs.org/healthpolicybriefs/brief_pdfs/healthpolicybrief_123.pdf

Quadruple Aim

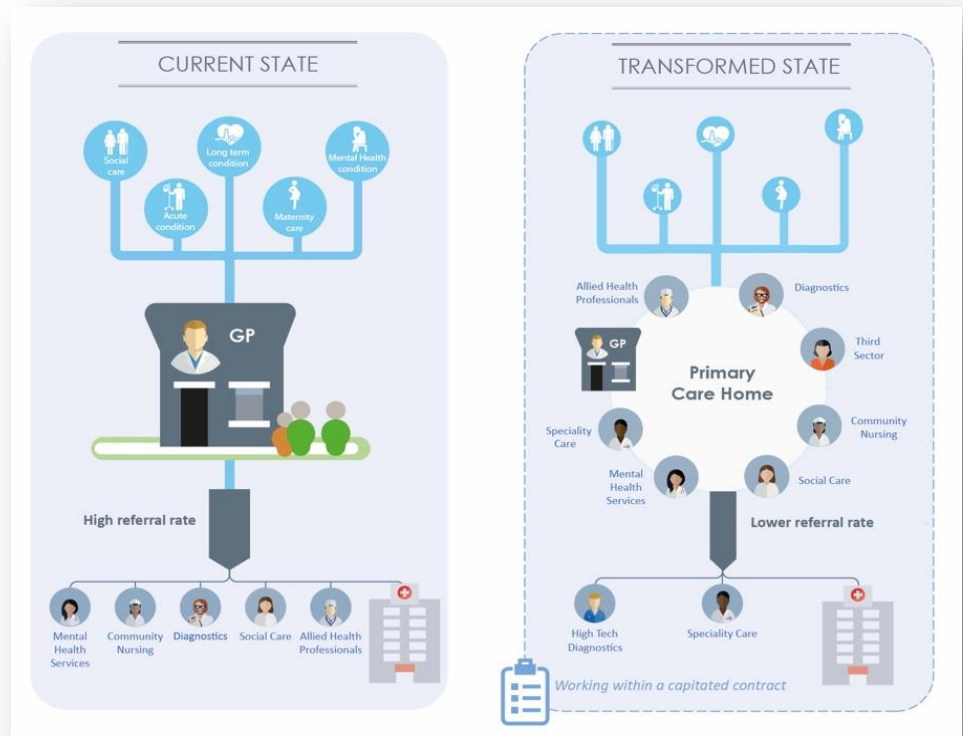
- Improving the health of populations
- Improving the individual experience of care
- Reducing the per capita cost of care
- Improving the experience of providing care
 - Increasing joy and meaning for the workforce

Sikka et al (2015)BMJ Quality and Safety - <http://qualitysafety.bmj.com/content/early/2015/06/02/bmjqs-2015-004160.full>

What do we really mean when we talk about Primary Care Networks (PCNs)

Primary Care Home Characteristics

- 1 The provision of care to a defined, registered population size of 30,000 to 50,000 people
- 2 Whole population health management approach
- 3 An integrated, multi-disciplinary workforce
- 4 Data, tools and resources aligned with the health needs of the whole population.



The NHS LTP strategic intent

Extract from NHS LTP Legislation Engagement Document

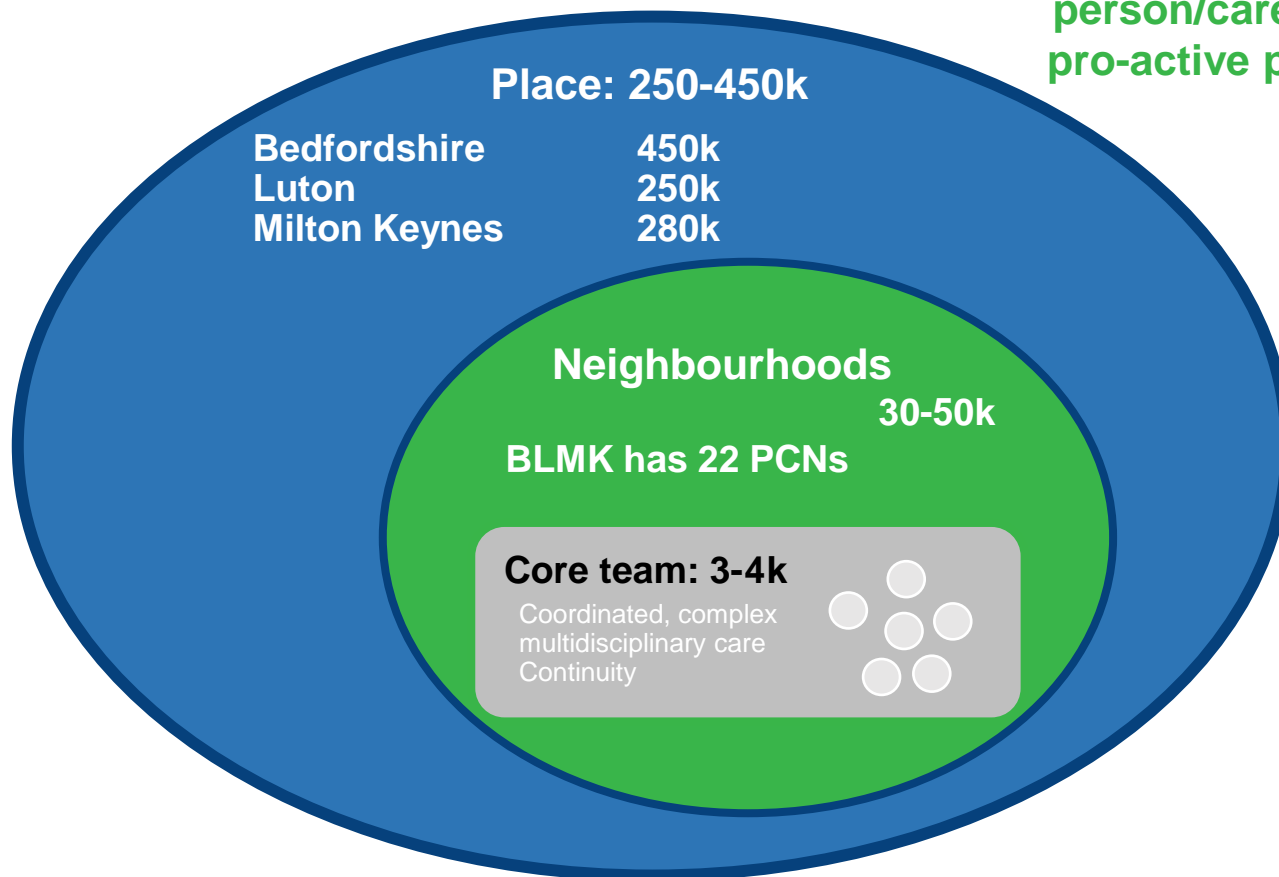
“We believe therefore that NHS bodies should have shared responsibility for wider objectives in relation to population health and the use of NHS resources.”

<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/02/nhs-legislation-engagement-document.pdf>

Right size building block

STP: BLMK population circa 1m

**1 to 1 interactions
between empowered
person/carer/family and
pro-active professionals**



Most of us recognise the need for holistic, transformational change across our system...

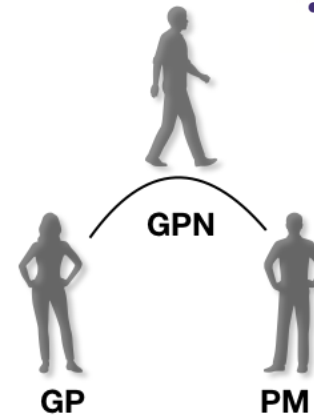
- We know we have to tackle the issues facing general practice
- We've seen the national and regional initiatives, but don't know what to do with them
- We are being given the opportunity to get back to what we value about the NHS and why we love it so much.....

....but we don't know how to make this sort of change happen

What are we noticing?



The answer is in plain sight..



- GPNs can be the bridge between transactional and holistic, transformational change
- GPNs have an inherent person-centred holistic and practical approach
- What if we eradicated the learned helplessness of GPNs.....

.....and we started to engage and involve our whole workforce.....

BLMK has the answer... we are

- Reminding people to value their *total* and *existing* workforce
- Simplifying messages and language
- Activating a programme and developing change agents to embed the *value* and development for nurses

What if, we all opened our eyes

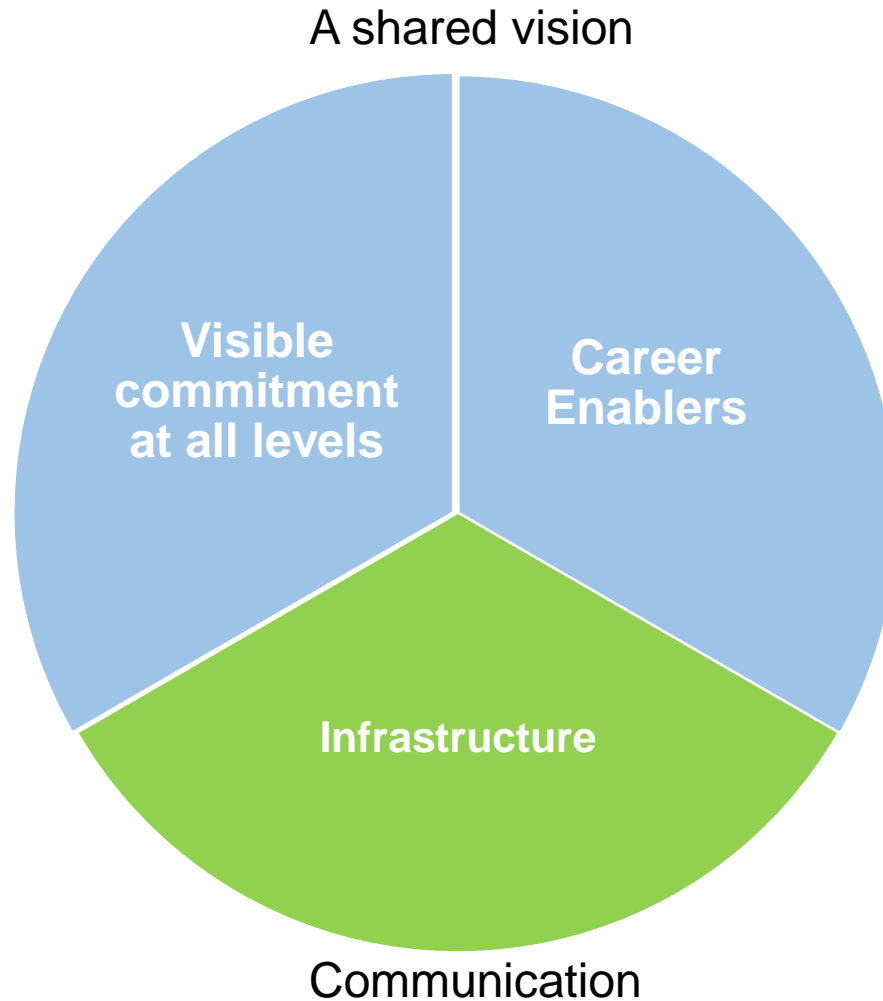
and....

- We started seeing GPNs as partners making change happen
- We started to see things from multiple perspectives
- We unlocked the system and changed our approach and....

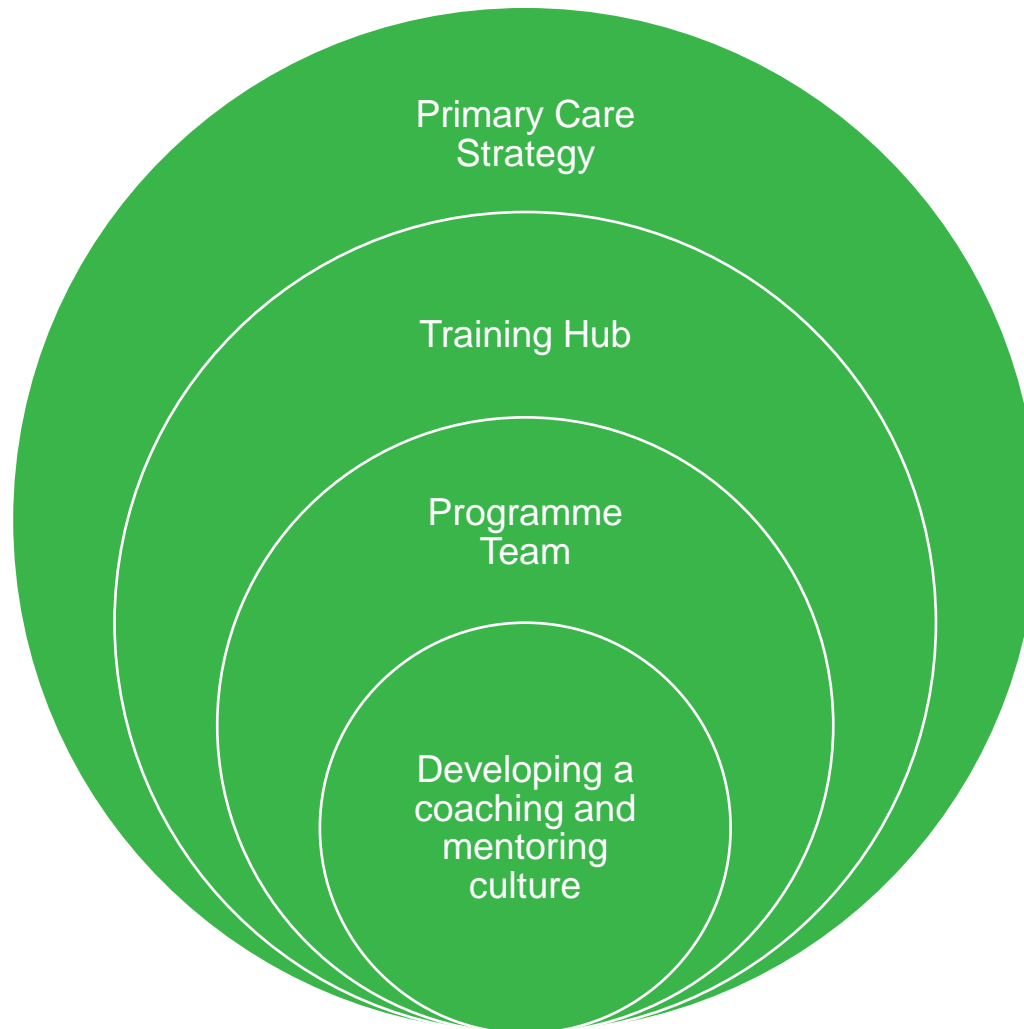
.....shifted learned helplessness in our workforce and across our population

What are some of the
practical things BLMK has
been doing?

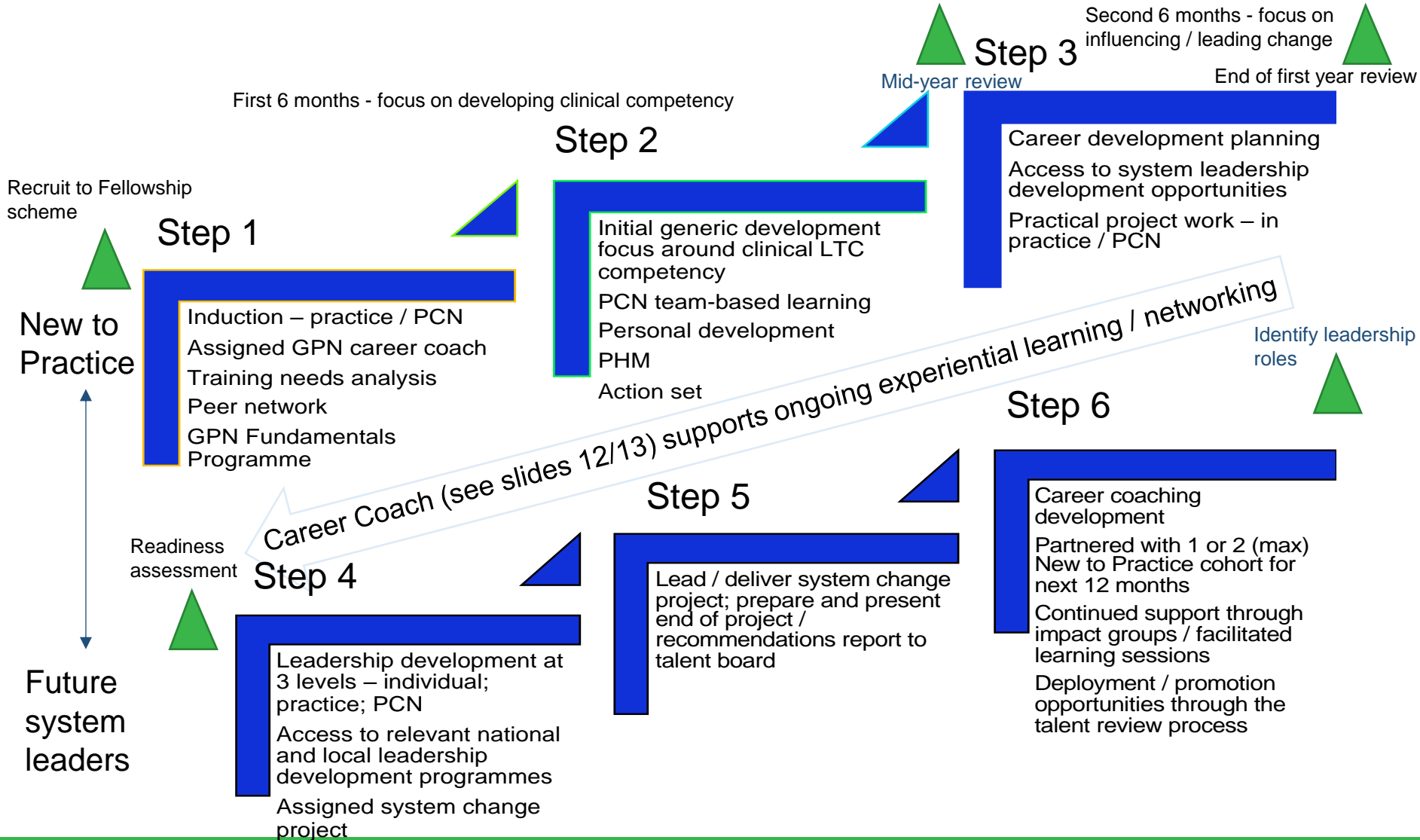
Simplifying the complex



The BLMK Infrastructure



Career development approach - multidisciplinary



GPN leadership

“It is better to beg forgiveness
than seek permission.”

Grace Murray Hopper





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