

# Weekly Newsletter

Issue 39: Feb 2021



# OTH

## Oxfordshire Training Hub

OTH: Supporting the growth and development of a resilient Primary and Community Care workforce to meet the changing needs of the communities of Oxfordshire



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### In this Issue

- General Practice CPD & Bursary Funding
- MDT Forum – Compassionate Leadership
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- Minor Illness Course and Update Course
- And More.....

## General Practice CPD & Bursary Funding Don't Miss Out!

Emails were sent to all Oxfordshire Practices in January advising of the amount of CPD Funding available. Please ensure you complete the google form link provided detailing eligible staff and then send invoices to [Oxfordshire.training@nhs.net](mailto:Oxfordshire.training@nhs.net).

The CPD funding can be used towards the Cytology course or Minor Illness Update course advertised in this Newsletter or added to a bursary towards the 6 Month Minor Illness RCN Accredited course meaning the majority of the course is paid for.

Please let us know if you are unable to find the CPD Practice email and we will send it back across to you.

### Nurse and AHP Bursary Funding

Bursaries are available for up to 60% towards the cost of courses, such as the 6 Month RCN Accredited Minor Course if you are a Nurse or AHP. Please contact us for an application form and how to apply. This funding can be used in combination with the CPD Practice funding.

### Advanced Clinical Practice Funding

We have now received funding for Advanced Clinical Practice modules such as Non Medical Prescribing, Independent and Supplementary Prescribing and other Advanced modules. We will be contacting practices who have already expressed interest in this funding, but please contact us if you require further information or wish to apply.

## MDT Forum – Compassionate Leadership

The OTH would like to invite you to the next MDT Forum which will be held on **11<sup>th</sup> March at 12-2pm** and will entail virtual workshop with a focus on Leading with Compassion.

The webinar is being facilitated by Maggie Woods, who is experienced in facilitating leadership development interventions.

In the webinar we will :

- Discuss the current approaches to leadership in the health and care sector.

- Reflect on some of the challenges for leaders and teams.
- Discuss how compassionate leadership can create better outcomes for our patients and citizens.
- Reflect on our own leadership style
- Identify actions we can take to enhance our leadership and ability to work in teams.
- Direct you to further resources and information about leadership.

For more information and to book your place, [please visit here.](#)

## Upcoming Events

Event	Dates	Who can attend
<a href="#">Introduction to VBA</a>	12 February 2021	All Clinical Staff
<a href="#">Planning for the future in dementia care</a>	17 February 2021	All Clinical Staff
<a href="#">Oxford Virtual Skin Club</a>	23 February 2021	All Clinical Staff
<a href="#">Resilience Masterclass</a>	24 February 2021	All Clinical Staff
<a href="#">Habit Reversal In Atopic Eczema</a>	24 February 2021	All Clinical Staff
<a href="#">Emotions Matter Masterclass</a>	04 March 2021	All Clinical Staff
<a href="#">Minor Illness Course</a>	10 March 2021	All Minor Illness Practitioners
<a href="#">Minor Illness Update Course</a>	10 March 2021	All Minor Illness Practitioners
<a href="#">MDT Forum – Compassionate Leadership</a>	11 March 2021	All Clinical Staff
<a href="#">Oxford Virtual Skin Club</a>	23 March 2021	All Clinical Staff
<a href="#">Cytology Training</a>	30/31 March 2021	All Clinical Staff
<a href="#">Minor Illness Update Course</a>	15 April 2021	All Minor Illness Practitioners

## Mental Health First Aid Course

The OTH are delighted to announce we will be running Mental Health First Aid Courses this year along with HEE.

Accredited by the Royal Society for Public Health, this online Mental Health First Aid Course qualifies learners to become registered Mental Health First Aiders. MHFA helps to raise

awareness of mental health and reduce stigma and discrimination in the hope that more people will come forward for help. Anyone working in primary care who has an interest in Mental Health, and has the agreement of their practice manager, are invited to apply for the limited places available. Below are dates and links to upcoming courses (each course is 4 x 1-2 hour sessions over 4 days of which are listed in each event listing.):



[20<sup>th</sup>, 22<sup>nd</sup>, 27<sup>th</sup> & 29<sup>th</sup> April 2021](#)

[18<sup>th</sup>, 20<sup>th</sup>, 25<sup>th</sup>, 27<sup>th</sup> May 2021](#)

[8<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup>, 17<sup>th</sup> June 2021](#)

## The Theory and Practice of Minor Illness Management in Primary Care (Online Delivery) 6 Month RCN Accredited Course

A reminder that the next Minor Illness course that was due to start on January 27<sup>th</sup> has been delayed until March 10<sup>th</sup> due to workforce commitments at this time. The current course is delivered online and funding options are available that will pay for the majority of the course.

Please contact [oxfordshire.training@nhs.net](mailto:oxfordshire.training@nhs.net) for further details.

## One Day Minor Illness Update Course

We will be running Minor Illness Update Courses on 10<sup>th</sup> March and 15<sup>th</sup> April. Suitable for professionals who have completed a Minor Illness course and are interested in updating their knowledge.

For further information contact [oxfordshire.training@nhs.net](mailto:oxfordshire.training@nhs.net)

## Cytology Training March 2021

### Berks West CCG Cytology Training March 2021- Course Information

Must have access to a mentor experienced in cytology and up to date

Students will be expected to complete a pre course workbook. All workbooks/pre learning materials, theory materials will be supplied by UWL

Students will have a further workbook to complete, including 20 samples as a student with TZ cells noted and there will be an end assessment where 3 samples will be assessed by an external assessor  
Students will receive certificates when workbooks are completed and final assessment sign off is achieved

To undertake the samples the nurse must be working/ have regular and supported placements in a G.P practice where they can be issued with a temporary training pin for cytology

The student will also need to visit the colposcopy clinic - we will advise on this

**Course Date:**

**Theory – 1 Day**

- 30th March 9-5pm for 16 participants
- 31st March 9-5pm for 4 participants

**Informal practical examination (OSCE) – ½ Day**

- Date to follow – Virtual SIM Centre to booked

**Course Cost: £75**

**For further information and to secure a place on this course please email Rita Bentley-Holder: [bwccq.traininghub@nhs.net](mailto:bwccq.traininghub@nhs.net)**

## Managing Physical Effects - Cancer

This new Gateway C course reviews the common side effects of cancer treatments and aims to help in the identification and management of some specific long-term effects, such as peripheral neuropathy and lymphoedema. It also provides information on how to support optimal bone and cardiovascular health after treatment for cancer.

This course will support you to:

- Understand different types of cancer treatments and their short- and long-term side effects
- Explore how to support patients living with peripheral neuropathy and lymphoedema
- Understand the impact of cancer treatment on cardiac and bone health and how to monitor this in primary care

To book your place for this free course, [please visit here](#).

## New to General Practice Fellowships

We are currently recruiting for the **March 2021** intake to the local **New to General Practice Fellowship Scheme**. The General Practice Fellowship is an NHS England funded 2-year programme of support for newly qualified GPs and nurses as they begin their careers in General Practice. We are now able to offer places to any GP or Nurse who qualified in the last 12 months and have a substantive post (salaried or partnership) in a practice in Buckinghamshire, Oxfordshire or Berkshire West

The scheme offers regular mentoring with an experienced, external mentor, career coaching, monthly group CPD sessions designed to address learning needs of those new to practice, peer support and career development opportunities. There are backfill payments (pro rata) available to the practices, to support each fellow to attend the regular monthly CPD sessions. The first cohort of fellows started the programme in September and so far we have received lots of positive feedback.

For further details and application form go to:

<http://primarycarecareers-bob.nhs.uk/newly-qualified-general-practice-fellowships/>

## South East First Contact Practitioner Forum – still welcoming new registrations

HEE South East and First Contact Practitioners (FCP) have come together to create a brand-new [forum for FCP in Primary Care across the South East](#) region.

This forum is multi-professional and aimed at anyone involved in the FCP pathway, including FCP, Educators, Supervisors, Service Leads, or Aspiring FCP.

The purpose of this forum is to:

- Offer peer to peer support
- Share knowledge, good practice, resources, and approaches within the First Contact Practitioner pathway
- Provide professional development and learning opportunities
- Connect with Systems, Primary Care Training Hubs, HEE Fellows and the developing Faculties in Advancing Practice and Allied Health Professions
- Build a culture of engagement and a consistency of approach
- Build a wider community of practice to support those who are interested in becoming FCP.

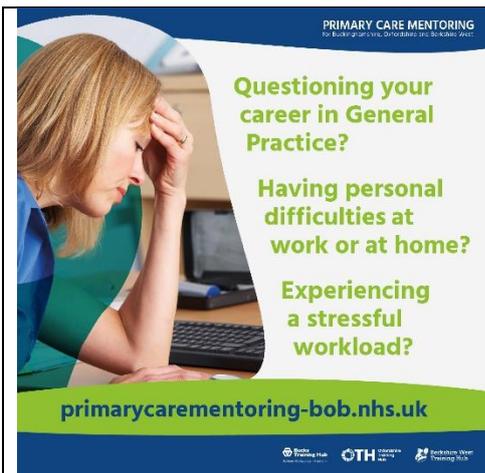
## South East Nursing Associates in Primary Care webinar

HEE hosted South East Nursing Associates in Primary Care webinar on Friday 15 January 2021.

The webinar shared information about the Nursing Associate role, funding, the Additional Role Reimbursement Scheme, apprentice opportunities as well as contributions from guest speakers at Solent University and HEE Kent, Surrey and Sussex Primary Care Dean. If you would like access to the webinar recording and resources, please contact

[SouthEastRegionalTeam@hee.nhs.uk](mailto:SouthEastRegionalTeam@hee.nhs.uk). HEE are also planning to deliver a webinar aimed at aspiring Nursing Associates over the next few months. Healthcare Support Workers can [register their interest on the Nursing Associate webpage](#)

## BOB Primary Care Mentoring Service



PRIMARY CARE MENTORING  
For GPs, Nurses, Doctors, DPs, Locums and A&E

**Questioning your career in General Practice?**

**Having personal difficulties at work or at home?**

**Experiencing a stressful workload?**

[primarycarementoring-bob.nhs.uk](http://primarycarementoring-bob.nhs.uk)






Would you like to meet another **GP or Nurse** from outside your work environment who will really take the time to listen and help support you? Our Mentoring service is available across Buckinghamshire, Oxfordshire and Berkshire West and has provided mentoring help to GPs since its launch in July 2019. The service is now open to nurses across the area too. The service is completely confidential and **free** of charge. You can sign up, and choose one of our 25 trained mentors. You can have up to 6 hours of support but if you just need a half hour to clear your head your mentor will be very happy to listen. Please see below some feedback from our previous mentee's:

*"Much more informative and useful than I expected. Would absolutely recommend to others and undertake it again if needed. Very much feel that I benefitted from the process. Thanks for organising." Mentee*

*"I found the opportunity to tell 'my story' to a fellow GP was really valuable. It seemed hearing myself tell the story it felt clearer to me what the issues were. My mentor had the perfect balance of listening while also summarising and I appreciated an unbiased perspective and some prompting me to plan a way forward." - Mentee*

To sign up for free mentoring, please visit our website [primarycarementoring-bob.nhs.uk](http://primarycarementoring-bob.nhs.uk) or contact us [primarycarementoring.bob@nhs.net](mailto:primarycarementoring.bob@nhs.net) for more information.

## First Contact Practitioners & Advanced Practitioners - Paramedics

Clinicians completing the capability framework will be recognised by Health Education England's Centre for Advancing Practice and will be placed on a First Contact Practitioner directory. The 'roadmap to practice' outlines the skills and attributes needed to help paramedics become first contact practitioners (FCPs) or advanced practitioners (APs). The new roadmap provides a clear educational pathway for paramedics who wish to work in primary care, as well as setting out the supervision and governance needed and giving training guidance for supervisors. For more information, [please visit here](#).

For more information about anything OTH related, please visit our website: [oxfordshiretraining.net](http://oxfordshiretraining.net), or email us at [oxfordshire.training@nhs.net](mailto:oxfordshire.training@nhs.net).