

OTH: Supporting the growth and development of a resilient Primary and Community Care workforce to meet the changing needs of the communities of Oxfordshire



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## New to General Practice Fellowships

We are currently recruiting for the **September 2021** intake to the local **New to General Practice Fellowship Scheme**. The General Practice Fellowship is an NHS England funded 2-year programme of support for newly qualified GPs and nurses (and their practices) as they begin their careers in General Practice. We are now able to offer places to any GP or Nurse who qualified in the last 12 months and have a substantive post (salaried or partnership) in a practice in Buckinghamshire, Oxfordshire, or Berkshire West

The scheme offers regular mentoring with an experienced, external mentor and career coaching. The monthly group CPD sessions are designed to address learning needs of those new to practice, offer peer support and career development opportunities. There are **backfill payments** (pro rata) available to the practices, to support each fellow to attend the regular monthly CPD sessions. We already have 2 cohorts of fellows progressing through the programme and so far, we have received lots of positive feedback both from fellows and their practices about the support this programme has offered.

For further details and to apply online please visit:

<https://primarycarecareers-bob.nhs.uk/newly-qualified-general-practice-fellowships/>

## FCP Roadmap Supervision and Verification Course

To support the implementation of the FCP Roadmaps to Practice, across the Thames Valley and Wessex Region, HEE are delighted to be able to offer our first set of training dates for the 2 day FCP Roadmap Supervision and Verification Course.

Who is eligible to undertake this course?

To become a FCP Roadmap Supervisor you **must** meet the following criteria:

- Be an Advanced Practitioner or a Consultant Practitioner (and hold a relevant MSc), or a GP.

- Be able to demonstrate you have recently completed Equality and Diversity Training.

To view the information flyer please click on the below course dates:

[7<sup>th</sup> and 8<sup>th</sup> June](#)

[25<sup>th</sup> and 26<sup>th</sup> June](#)

[5<sup>th</sup> and 7<sup>th</sup> July](#)

## Upcoming Events

Event	Dates	Who can attend
<a href="#">Support Worker Voice National Network Event</a>	2 June 2021	Support Workers
<a href="#">FCP Roadmap Supervision and Verification Course</a>	7 & 8 June 2021	Advanced Practitioners
<a href="#">Capital AHP Ethnic Diversity and Inclusion</a>	8 June 2021	All Clinical Staff
<a href="#">Cancer Care Review Training</a>	10 June 2021	All Clinical Staff
<a href="#">Stakeholder Event for the Staff Mental Health and Wellbeing Hubs</a>	10 June 2021	All Clinical Staff
<a href="#">Online Health Chat: Nutrition, Smoking and Oral Health</a>	10 June 2021	All Clinical Staff
<a href="#">Introduction to Immunisation Course</a>	16 June 2021	General Practice Nurses
<a href="#">MECC Training</a>	16 June 2021	Non-clinical staff
<a href="#">FCP Roadmap Supervision and Verification Course</a>	25 & 26 June 2021	Advanced Practitioners
<a href="#">Cancer as a long-term condition: Treatment and care</a>	1 July 2021	Nurses
<a href="#">FCP Roadmap Supervision and Verification Course</a>	5 & 7 July 2021	Advanced Practitioners
<a href="#">Immunisation Update Course</a>	13/14 July 2021	General Practice Nurses

## Oxford Health tissue viability training programme 2021

The new training programme from Oxford Health will include the following courses:

- Introduction and core tissue viability modules
- Pressure damage prevention and management
- Wound assessment and management
- Fundamentals of leg ulcer assessment and management

The training will enable practices to provide assurance that staff are competent to provide wound care, pressure ulcer and leg ulcer management.

We would like to remind practices that the local commissioned service for compression bandaging for leg ulcers should only be carried out by practice nurses who have completed the relevant training and are attending regular updates. If a practice wishes to involve healthcare assistants in the delivery of this service, please contact [occg.primarycarequality@nhs.net](mailto:occg.primarycarequality@nhs.net) to discuss the clinical supervision arrangements that will be put in place to ensure that care is delivered safely.

To register your interest [please see here](#).

## Stakeholder Event for the new Staff Mental Health and Wellbeing Hubs

We would like to invite you to this fourth Stakeholder Event for the new Staff Mental Health and Wellbeing Hubs. **The focus of this Stakeholder Event will be on Primary Care Services.** The Hubs are aimed at all staff working in Health and Social Care across Buckinghamshire, Oxfordshire and West Berkshire and are part of an important national initiative delivered through every ICS.

For more information and link to the meeting, [please visit here](#).

## Cancer Care Review Training for health care professionals

Practice nurses have been identified as key professionals in primary care who can have a vital role in managing cancer as a long-term condition. Nurses currently provide routine follow-up for other long-term conditions, many of the skills required to do this are transferable and could be applied to the follow-up and long-term management of cancer patients.

The aim of this series of webinars run jointly by **OCCG** and **Macmillan** is to provide education and training for practice nurses enabling them to feel confident in undertaking holistic Cancer Care Reviews (CCRs) and supporting GPs. The sessions will be held every other week between 1.00pm and 2.00pm and are free to attend. The first session is on **10<sup>th</sup> June**.

For more information and booking, [please visit here.](#)

## Online Health Chat: Nutrition, Smoking and Oral Health

Delivered by Here for Health in partnership with Community Dental Service (CDS) Team and Stop for Life Oxon.

Oral health practitioners from CDS will be joining us to have a fun and informal chat about national smile month and Ian from the new Stop for Life Oxon smoking cessation service will be joining us to talk about smoking and oral health.

For more information and booking, [please visit here.](#)

## Immunisations Training 2021/22

These free training events from University of Oxford are for GPNs and other registered health professionals who are involved in administering and promoting and/or advising about vaccines within these Integrated Care System areas:

- BOB: Buckingham, Oxfordshire and Berkshire West
- Frimley: Berkshire East, Surrey Heath and North East Hants & Farnham

### Introduction to Immunisation Course

For those who are new to the role of administering and promoting/advising about vaccines. Depending on temporal COVID-19 guidance, events will be delivered either as:

- 1-day virtual event building on the e-Learning for Health care immunisation modules OR
- 2-day face-to-face training event

Click on the training to date to view the course flyer and registration:

[16<sup>th</sup> June 2021 - Virtual](#)

[6<sup>th</sup> October 2021 \(decision on virtual / face-to-face will be taken later\)](#)

[17<sup>th</sup> February 2022 \(decision on virtual / face-to-face will be taken later\)](#)

### Immunisation Update Course

Half-day virtual course providing an update to current immunisation topics.

Click on the training to date to view the course flyer and registration:

[13/14 July 2021 \(only need to attend one date\)](#)

[25 & 26 January \(only need to attend one date\)](#)



## Support Worker Voice National Network Event

Come and join HEE in a network designed to connect Support Workers across the country. ALL Support Workers in clinical roles in Health & Social Care are welcome! Together we will look at how to contribute to the Support Worker development agenda.

The first event we want to explore how best to engage everyone – WE WANT TO HEAR YOUR VOICE!

For more information and booking [please visit here](#).

## **Cancer as a long-term condition: Treatment and care**

### ***A Continuous Professional Development Course for Registered Practice Nurses***

Macmillan Cancer Support has developed a new programme specifically for the Practice Nurse to enable you to enhance your knowledge and skills in cancer care. During this pilot course we will be asking you to provide feedback on the content of the course and support with the completion of additional evaluations. This is a free blended learning programme that will be launched on the 28th June 2021. The programme incorporates e-learning, self-directed learning and virtual face to face facilitated sessions. We estimate that it will take between 20-25 hours in total to complete over a 12-week period. A certificate of achievement will be awarded upon completion of the course.

The first part of this course is on 1<sup>st</sup> July 2021. Please visit here to [view to the event and register your interest](#).

## **MINOR ILLNESS 6 MONTH RCN ACCREDITED COURSE**

**Oxfordshire Training Hub's next RCN Accredited Minor Illness Course** (Oxfordshire staff can use CPD Funding and/or Bursary towards the costs, please refer to the article further down for info) will start on Wednesday 14<sup>th</sup> July.

For further details and to register your interest in a place, please contact us at: [oxfordshire.training@nhs.net](mailto:oxfordshire.training@nhs.net).

## **Healthcare Support Worker Training Programme**

**Are you thinking about a career as a Health Care Support Worker (HCA), or do you work in a similar role and would like to advance in your practice as a HCA?**

We are delighted to introduce our new comprehensive education pathway for Health Care Support Workers. This is a fully funded programme and you can join at any level, providing it is relevant to your experience. The scope of practice for HCAs can vary from Practice to Practice; HCAs can undertake non-autonomous tasks. As part of the Thames Valley Health Care Support Worker programme, we have refined a portfolio to support the scope of practice for HCAs. The Thames Valley HCSW programme is aimed at developing a standardized educational pathway to support those new to health care support work to acquire the necessary competences, and to provide more experienced health care support workers the opportunity of developing their skills and knowledge.

For more information about this programme and to download the application form, [please visit here](#).

## Identifying and Responding to Sexual Assault and Abuse e-learning programme launched

Health Education England e-Learning for Healthcare (HEE e-LfH) has worked in partnership with NHS England and NHS Improvement to develop an e-learning programme that provides information and advice for identifying and responding to sexual assault and abuse. A sexual assault is any sexual act that a person did not consent to or is forced into against their will. It is a form of sexual violence and includes rape, child sexual abuse and exploitation, or other sexual offences. While sexual assault is not uncommon, many who experience abuse do not tell anyone. Sexual assault can have long lasting physical and emotional effects and early intervention and support is recommended.

To view more information and links to the E-Learning [please visit here](#).

## New Dysphagia elearning resources

Health Education England elearning for healthcare (HEE elfh) worked in partnership with Health Education England, Specialist Pharmacy Service, Sheffield Teaching Hospitals NHS Foundation Trust, Royal College of Speech and Language Therapists, National Institute for Health Research Devices for Dignity MedTech Co-operative and clinical experts to develop a new e-learning session on Dysphagia and Medicines for carers and care home staff. There are also new assessments on existing sessions for carers and caterers in social care settings.

Dysphagia, which is difficulty chewing and/or swallowing food and drinks, has serious implications for a person's health and wellbeing, with increased likelihood of chest infections, malnutrition, dehydration, choking incidents and hospitalisations. Patients with dysphagia may be unable to swallow their medicines safely.

For more information please [visit here to view the E-Learning flyer](#).

## FoNs - International Nurses Day

**A message from Joanne Bosanquet, FoNS Chief Executive:**

*“Our experiences throughout 2020 and 2021 have clearly demonstrated to the world how vital nursing is to protect health, promote wellbeing and tackle inequalities. Nurses are advocates for their communities and ensure people are at the centre of care planning, delivery and evaluation.*

*Let's take time this week to celebrate our fantastic profession and cement our place at decision making tables around the world. 'No seat at the table? Bring your chair'.*

*A very happy International Nurse's Day everyone and a huge thank you for everything you do.”*

***We love this...***

Nurses' Day 2021 [video](#) from the RCN. Worth a watch!

## General Practice CPD & Bursary Funding Don't Miss Out!

Emails were sent to all Oxfordshire Practices in January advising of the amount of CPD Funding available. Please ensure you complete the google form link provided detailing eligible staff and then send invoices to [Oxfordshire.training@nhs.net](mailto:Oxfordshire.training@nhs.net).

The CPD funding can be used Minor Illness Update course advertised in this Newsletter or added to a bursary towards the 6 Month Minor Illness RCN Accredited course meaning the majority of the course is paid for.

Please let us know if you are unable to find the CPD Practice email and we will send it back across to you.

### **Nurse and AHP Bursary Funding**

Bursaries are available for up to 60% towards the cost of courses, such as the 6 Month RCN Accredited Minor Course if you are a Nurse or AHP. Please contact us for an application form and how to apply. This funding can be used in combination with the CPD Practice funding.

### **Advanced Clinical Practice Funding**

We have now received funding for Advanced Clinical Practice modules such as Non Medical Prescribing, Independent and Supplementary Prescribing and other Advanced modules. We will be contacting practices who have already expressed interest in this funding, but please contact us if you require further information or wish to apply.

## Free Shiny Mind Wellbeing and Resilience App for primary and community care staff

The BOB ICS CARE Programme is now underway within the BOB ICS and we have recruited a group of enthusiastic General Practice Nurses to take part. As part of the CARE programme funding, we have also been provided with access to the ShinyMind Wellbeing and Resilience App. The App is available for free to all primary and community NHS staff across BOB. By building a community of users on the App you will be able to support your own team and link in with others in your area. You are invited to download the ShinyMind App which can be found on the Apple app store or Google Play Store.



Please complete the google form below for access and a log in will be sent to you.  
<https://forms.gle/KCRnriHffAseV8wH8>

## BOB Primary Care Mentoring Service

PRIMARY CARE MENTORING  
For Buckinghamshire, Oxfordshire and Berkshire West

Questioning your career in General Practice?

Having personal difficulties at work or at home?

Experiencing a stressful workload?

primarycarementoring-bob.nhs.uk

Primary Care Training Hub OTH Oxfordshire Training Hub Berkshire West Training Hub

Would you like to meet another **GP or Nurse** from outside your work environment who will really take the time to listen and help support you? Our Mentoring service is available across Buckinghamshire, Oxfordshire and Berkshire West and has provided mentoring help to GPs since its launch in July 2019. The service is now open to nurses across the area too. The service is completely confidential and **free** of charge. You can sign up, and choose one of our 25 trained mentors. You can have up to 6 hours of support but if you just need a half hour to clear your head your mentor will be very happy to listen. Please see below some feedback from our previous mentee's:

*"Much more informative and useful than I expected. Would absolutely recommend to others and undertake it again if needed. Very much feel that I benefitted from the process. Thanks for organising." Mentee*

*"I found the opportunity to tell 'my story' to a fellow GP was really valuable. It seemed hearing myself tell the story it felt clearer to me what the issues were. My mentor had the perfect balance of listening while also summarising and I appreciated an unbiased perspective and some prompting me to plan a way forward." - Mentee*

To sign up for free mentoring, please visit our website [primarycarementoring-bob.nhs.uk](http://primarycarementoring-bob.nhs.uk) or contact us [primarycarementoring.bob@nhs.net](mailto:primarycarementoring.bob@nhs.net) for more information.

## Thames Valley and Wessex Advanced Practice in Primary Care Survey

Primary Care Training Hubs across the country have been asked to begin scoping how multi-professional advanced practice is developing in Primary Care. With this in mind, working in partnership with the University of Southampton, HEE have commissioned them to develop a survey to establish an initial baseline set of data as a starting point to work from across the Thames Valley and Wessex Region. The findings from this survey will inform the next phase of this work and will help identify any future training needs for existing or aspiring Advanced Practitioners. We have deliberately kept the survey short and it should take no longer than 10 minutes to complete as we know time is very precious.

*The survey can be accessed by clicking on this the following link:-*

[Thames Valley and Wessex Advanced Practice in Primary Care Survey](#)

This is a multi-professional survey, so if you are a nurse, an allied health professional or a pharmacist who is an aspiring advanced practitioner, a trainee advanced practitioner or a fully qualified advanced practitioner working in Primary Care across the Thames Valley and Wessex region, the information you provide will be invaluable so please do complete the survey.

An interim report will be produced in June and a final report will be produced in July. Only members of the research team will have access to this data and identifiable information will remain strictly confidential. Reports generated will remain anonymous and in

instances where we believe a combination of particular responses may lead to identification, these responses will not be disseminated.



For more information about anything OTH related, please visit our website: [oxfordshiretraining.net](http://oxfordshiretraining.net), or email us at [oxfordshire.training@nhs.net](mailto:oxfordshire.training@nhs.net).