

Monthly Newsletter

Issue 45: September 2021



OTH: Supporting the growth and development of a resilient Primary and Community Care workforce to meet the changing needs of the communities of Oxfordshire



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New to General Practice Fellowships

We are currently recruiting the **September 2021** intake to the local **New to General Practice Fellowship Scheme**. The General Practice Fellowship is an NHS England funded 2-year programme of support for newly qualified GPs and nurses (and their practices) as they begin their careers in General Practice. We are now able to offer places to any GP or Nurse who qualified in the last 12 months and have a substantive post (salaried or partnership) in a practice in Buckinghamshire, Oxfordshire, or Berkshire West

The scheme offers regular mentoring with an experienced, external mentor and career coaching. The monthly group CPD sessions are designed to address learning needs of those new to practice, offer peer support and career development opportunities. There are **backfill payments** (now covering actual salary plus on-costs, pro rata) available to the practices, to support each fellow to attend the regular monthly CPD sessions. We already have 2 cohorts of fellows progressing through the programme and have received lots of positive feedback both from fellows and their practices about the support this programme has offered.

For further details and to apply online please visit:

<https://primarycarecareers-bob.nhs.uk/newly-qualified-general-practice-fellowships/>

Video Group Clinics (VGC) Programme – Expressions of Interest

VGCs are a transformative way of delivering planned Group clinics are embedded in BOB's primary care strategy and are seen as an essential element of PCN development and the integration of additional roles within the workforce. For this reason, this programme is now available to help your practice to explore the benefits of video group clinics (VGCs). This programme is running in conjunction with Redmoor Health ELC Partnership. **The deadline to sign up for the first cohort is fast approaching. Places are fully funded.**

For more information on this programme and to **complete the expression of interest form in under a minute**, please visit the below web page:

[Video Group Clinics - Primary Care Careers \(primarycarecareers-bob.nhs.uk\)](http://primarycarecareers-bob.nhs.uk)

GPN and AHP Preceptorship Programme

We are delighted that the BOB ICS has confirmed funding for the General Practice Nurse (GPN) and Allied Health Professional Preceptorship Programme.

The Preceptorship is open to GPN's and Allied Health Professionals who have change career pathway and joined General Practice within the last 12 months. It offers one session (half day) per week backfilled CPD time with one of these sessions being a Preceptorship Team organised session. The program also offers mentoring, peer support and up to £1000 further CPD funding. The aim being to securely embed this workforce into Primary Care.

To apply click here - [How to Apply - GPN/AHP Preceptorship Programme - Primary Care Careers \(primarycarecareers-bob.nhs.uk\)](http://primarycarecareers-bob.nhs.uk)

GP Mid-Career Fellowships

We are inviting experienced GPs who are more than 5 years post qualification, to apply for this new fellowship opportunity. You will benefit from expert mentoring, CPD and have time to grow an area of interest which may be clinical, educational, quality improvement, research or working on a population health priority for your PCN or practice. This scheme is launching in October 2021 and will provide funding for one session per week for a year.

The deadline for application is 22nd September.

For more information and application form please follow this link: [GP Mid Careers Fellowship - Primary Care Careers \(primarycarecareers-bob.nhs.uk\)](http://primarycarecareers-bob.nhs.uk)

If you would like to contact us directly please email bob.fellowship@nhs.net

HCA Training Programme

Are you thinking about a career as a Health Care Support Worker /Health Care Assistant (HCA), or would like to advance in your practice as a HCA?

We are delighted to introduce our new comprehensive education pathway for Health Care Support Workers/HCAs. This is a fully funded programme which you can join at any level, providing it is relevant to your experience. . The Thames Valley HCSW programme is aimed at developing a standardised educational pathway to support those new to health care support work to acquire the necessary competences, and to provide more experienced health care support workers/HCAs the opportunity of developing their skills and knowledge.

For more information about this programme and to download the application form, [please visit here](#).

Do you really know the scope of a Nursing Associate?

Nursing associates bridge the gap between healthcare support workers and registered nurses to deliver hands-on, person-centred care as part of the nursing team.

They work with people of all ages in a variety of settings in health and social care.

HEE's new animation showcases the role of nursing associates across different settings giving practical examples of the duties being carried out and the benefits they bring to employers.

These benefits include improved service delivery and patient care, improved staff retention through career progression and contribution to widening participation.

[Watch HEE's new animation to find out more](#)

Please contact primarycarecareers.bob@nhs.net for further information.

General Practice CPD & Bursary Funding Don't Miss Out!

Emails were sent to all Oxfordshire Practices in January advising of the amount of CPD Funding available. Please ensure you complete the linked form [here](#) detailing eligible staff.

The CPD funding can be used Minor Illness Update course advertised in this Newsletter or added to a bursary towards the 6 Month Minor Illness RCN Accredited course meaning the majority of the course is paid for.

Please let us know if you are unable to find the CPD Practice email and we will send it back across to you.

Nurse and AHP Bursary Funding

Bursaries are available for up to 60% towards the cost of courses, such as the 6 Month RCN Accredited Minor Course if you are a Nurse or AHP. Please contact us for an application form and how to apply. This funding can be used in combination with the CPD Practice funding.

Advanced Clinical Practice Funding

We have now received funding for Advanced Clinical Practice modules such as Non Medical Prescribing, Independent and Supplementary Prescribing and other Advanced modules. We will be contacting practices who have already expressed interest in this funding, but please contact us if you require further information or wish to apply.

Oxford Health issue viability training programme 2021

The new tissue viability training programme from Oxford Health will include the following courses:

- Introduction and core tissue viability modules
- Pressure damage prevention and management

- Wound assessment and management
- Fundamentals of leg ulcer assessment and management

The training will enable practices to provide assurance that staff are competent to provide wound care, pressure ulcer and leg ulcer management.

We would like to remind practices that the local commissioned service for compression bandaging for leg ulcers should only be carried out by practice nurses who have completed the relevant training and are attending regular updates. If a practice wishes to involve healthcare assistants in the delivery of this service, please contact occg.primarycarequality@nhs.net to discuss the clinical supervision arrangements that will be put in place to ensure that care is delivered safely.

To register your interest [please see here](#). Or email learn@oxfordhealth.nhs.uk

BOB Primary Care Mentoring Service – Wellbeing and Career Advice for GPs and Nurses

PRIMARY CARE MENTORING
for Buckinghamshire, Oxfordshire and Berkshire West

Questioning your career in General Practice?

Having personal difficulties at work or at home?

Experiencing a stressful workload?

primarycarementoring-bob.nhs.uk

Would you like to meet another **GP or Nurse** from outside your work environment who will really take the time to listen and help support you? Our Mentoring service is available across Buckinghamshire, Oxfordshire and Berkshire West and has provided mentoring help to GPs since its launch in July 2019.

The service is completely **confidential and free** of charge. You can sign up, and choose one of our 25 trained mentors. You can have up to 6 hours of support but if you just need a half hour to clear your head your mentor will be very happy to listen. Please see below some feedback from our previous mentee's:

"Much more informative and useful than I expected. Would absolutely recommend to others and undertake it again if needed. Very much feel that I benefitted from the process. Thanks for organising." Mentee

"I found the opportunity to tell 'my story' to a fellow GP was really valuable. It seemed hearing myself tell the story it felt clearer to me what the issues were. My mentor had the perfect balance of listening while also summarising and I appreciated an unbiased perspective and some prompting me to plan a way forward." - Mentee

To sign up for free mentoring, please visit our website [Primary Care Mentoring \(primarycarementoring-bob.nhs.uk\)](http://Primary Care Mentoring (primarycarementoring-bob.nhs.uk)) or contact us primarycarementoring.bob@nhs.net for more information.

Role available: Social Prescriber Training Programme Lead

BOB ICS are looking for an experienced and enthusiastic Social Prescribing professional or Programme Manager to take a lead in developing and supporting the delivery of a

comprehensive training programme for the growing numbers of personalised care professionals (Care Coordinators, Health & Wellbeing Coaches and Social Prescribing Link Workers) in the BOB ICS area. **Expressions of interest to be received by 17th September 2021.**

To view the full role description and express your interest, please visit the below web page:

[Social Prescribing Link Worker \(SPLW\) Training Programme - Primary Care Careers \(primarycarecareers-bob.nhs.uk\)](http://primarycarecareers-bob.nhs.uk)

Upcoming Events

Event	Dates	Who can attend
National HEI First Contact Practice webinar	31 August 2021	All Healthcare Professionals
MECC (Making Every Contact Count)	2 September 2021	All Healthcare Professionals
Leading for System Change	6 September 2021	All Healthcare Professionals
Motivational Interview Training	7 September 2021	All Healthcare Professionals
Public Health Taster Day	7 September 2021	All Healthcare Professionals
Introduction to Very Brief Advice	9 September 2021	All Healthcare Professionals
MECC (Making Every Contact Count)	14 September 2021	All Healthcare Professionals
Introduction to VBA: 30 seconds to save a life	14 September 2021	All Healthcare Professionals
Motivational Interview Training	15 September 2021	All Healthcare Professionals
South East Region Personalised Care Collaborative	15 September 2021	All Healthcare Professionals
Community Health & Wellbeing Worker Apprenticeship	15 September 2021	All Healthcare Professionals
VBA: Applying Motivational Techniques workshop – Specialist groups	16 September 2021	All Healthcare Professionals
VBA – Level 1 training	20 September 2021	All Healthcare Professionals

OVG Influenza Update Training	22 September 2021	General Practice Nurses & Influenza vaccine administrators
Motivational Interview Training	23 September 2021	All Healthcare Professionals
Collaborative Practice Development Programme	23 September 2021	All Healthcare Professionals
MECC (Making Contact Count)	24 September 2021	All Healthcare Professionals
Introduction to Very Brief Advice	5 October 2021	All Healthcare Professionals
Introduction to Immunisation Course	6 October 2021	General Practice Nurses
Motivational Interview Training	7 October 2021	All Healthcare Professionals
Impact of Social Prescribing on Health & Wellbeing	11 October 2021	All Healthcare Professionals
Leadership Espresso: Challenging Conversations	12 October 2021	All Healthcare Professionals
South East Leadership for Personalised Care Programme Cohort 2	18 October 2021	All Healthcare Professionals
VBA – Level 1 training	19 October 2021	All Healthcare Professionals
VBA: Applying Motivational Techniques workshop – Specialist groups	22 October 2021	All Healthcare Professionals
Think Child Think Parent Think Family Safeguarding Conference	3 November 2021	All Healthcare Professionals
Leadership Espresso: Challenging Conversations	25 November 2021	All Healthcare Professionals
Alcohol Identification & Brief Advice Training	9 December 2021	All Healthcare Professionals
Alcohol Identification & Brief Advice Training	13 January 2022	All Healthcare Professionals

Immunisations Training 2021/22

These free training events from University of Oxford are for GPNs and other registered health professionals who are involved in administering and promoting and/or advising about vaccines within these Integrated Care System areas:

- BOB: Buckingham, Oxfordshire and Berkshire West
- Frimley: Berkshire East, Surrey Heath and North East Hants & Farnham

OVG Influenza Update Training

This training on 22th September @ 10am-12.30pm is for general practice nurses and other health professionals who as part of their role already administer and promote/advise about influenza vaccines. The training will cover the theory of the influenza programme.

** Please note the local logistics of delivering the 2021/22 influenza programme will NOT be addressed **

Registration fee: £30

For more information and to download the event flyer, [please visit here.](#)

Introduction to Immunisation Course

For those who are new to the role of administering and promoting/advising about vaccines.

Depending on temporal COVID-19 guidance, events will be delivered either as:

- 1-day virtual event building on the e-Learning for Health care immunisation modules OR
- 2-day face-to-face training event

Click on the training to date to view the course flyer and registration:

[6th October 2021 \(decision on virtual / face-to-face will be taken later\)](#)

[17th February 2022 \(decision on virtual / face-to-face will be taken later\)](#)

Immunisation Update Course

Half-day virtual course providing an update to current immunisation topics.

Click on the training to date to view the course flyer and registration:

[25 & 26 January \(only need to attend one date\)](#)



Impact of Social Prescribing on Health & Wellbeing

This half-day event concludes our National Institute of Health Research (NIHR) evaluation of a social prescribing intervention for people with Type 2 Diabetes in North East England. England's first multi-methods study evaluating the impact of a social prescribing intervention. A series of presentations will outline our findings relating to health outcomes, health-related quality of life, healthcare usage, assessment of cost effectiveness and the examination of the lived experiences of those delivering and engaging with the intervention.

This event is aimed at anyone with an interest in social prescribing and health interventions aimed at addressing health inequalities, including colleagues in academia, public health, social care, healthcare, and the voluntary and community sectors.

Date: 11th October 2021

Registration will open in early September, further details click [here.](#)

Making Every Contact Count (MECC) Training

MECC is an approach to behaviour change that uses the millions of day-to-day interactions that we have with people to support them in making positive changes to their physical and mental health and wellbeing. It supports the delivery of consistent and concise healthy lifestyle information, enabling individuals to engage in conversations about their health. A MECC conversation takes a matter of minutes and is not intended to add to the busy workloads. Rather than telling people what to do, MECC is about recognising opportunities to talk to people about their health and wellbeing using the skills of asking and listening – it's about enhancing the conversations we have.

For more information and booking please click on your preferred training date below:

Dates Available:

[Thursday 2nd September 1-3pm](#)

[Tuesday 14th September 10-12am](#)

[Friday 24th September 10-12am](#)

Very Brief Advice (VBA) on smoking – free online training sessions

The **Very Brief Advice (VBA) on smoking – free online training sessions** are now live and will be rolled out within the next 12 months.

VBA is a simple and powerful tool designed to be used in almost any conversation with a smoker and allows you to offer practical advice in as little as 30 seconds. VBA training is suitable for anyone who is likely to come into contact with people who smoke in their day-to-day work. Our free interactive VBA courses are of three types:

- [Introduction to VBA: 30 seconds to save a life](#): a one-hour introductory session which will cover simple facts about VBA and why it's important
- [VBA – Level 1 training](#): a three-hour session looking at more in-depth ways of engaging smokers and empowering them to take action
- [Applying Motivational Techniques workshop – Specialist groups](#): a one-hour session which will explore how to apply motivational interviewing techniques to enhance communication in specialist groups e.g. mental health, maternity, vulnerable individuals at risk of homelessness, etc.

Sessions can be booked on smokefreeoxon.eventbrite.co.uk. Attached are promotional flyers for each type of session, with upcoming dates included (more dates to follow).

Online Physical Activity in Clinical Training for Healthcare Professionals (PACC)

As a healthcare professional, you play a unique role in supporting people to be more active, with one in four people stating that they would be more active if advised by a healthcare professional.

Join us for Public Health England's FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals (1-hour). More than 150 people have already attended across Bucks, Ox and Berkshire!

You'll learn more about the benefits of physical activity, current CMO guidelines, how to provide brief advice during consultations and signposting. Plus hear from your local Active Partnership about activity opportunities in your area: Get Berkshire Active, Leap and Active Oxfordshire (the Thames Valley Active Partnerships).

Dates available:

- 28th Sep 1-2pm - [FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals – Oxfordshire Training Hub](#)
- 30th Sep 1-2pm - [FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals – Oxfordshire Training Hub](#)
- 23rd Nov 1-2pm - [FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals – Oxfordshire Training Hub](#)
- 25th Nov 1-2pm - [FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals – Oxfordshire Training Hub](#)
- 25th Jan , 1-2pm - [FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals – Oxfordshire Training Hub](#)
- 27th Jan , 1-2pm - [FREE Online Physical Activity in Clinical Care Training for Healthcare Professionals – Oxfordshire Training Hub](#)

Public Health Taster Day at Oxford Brookes

HEE Thames Valley is pleased to support a Public Health Taster Day at Oxford Brookes University. This session will be delivered virtually. This study day will offer you some essential skills to understand and communicate evidence about health and introduce you to using psychological theory when working with communities to improve health behaviours and reduce psychological and physical ill-health.

About the Session:

- 10.00 – 12.00: Tracking and tracing disease – an introduction to epidemiology
- 13.00 – 15.00: Hands, face, space – changing behaviours to improve health

Date: 7th September 2021

For more information click [here](#)

South East Region Personalised Care Collaborative

What is the purpose of the Collaborative?

- Understand the context in which Personalised Care is implemented – national, regional, and local level
- A space for peer learning for colleagues who are delivering Universal Personalised Care
- Learn what is working well in spreading and scaling Personalised Care across systems.

The Collaborative is open to all operational colleagues responsible for implementing, spreading and scaling personalised care, in places and across ICSSs. Please extend this

invite across your ICS including local authority voluntary, community and social enterprise (VCSE) sector colleagues and people with lived experience.

Date: 15th September 2021

For more information click [here](#)

An Invitation for GP Practices to Develop Collaborative Practice

We would like to invite GP practices to join us from across the South East Region for a Collaborative Practice Development Programme starting in **Autumn 2021**. Its purpose is to support general practice to find new ways to respond to the unprecedented challenge of rising demand and unmet need which has come about because of the changing pattern of disease (particularly the growth of long-term conditions) and the impact of social determinants (e.g. isolation).

We will be hosting an introduction/QA session for any interested GP practices on [23rd September 12:15 – 13:15](#) and asking for expressions of interest by **1st October**. This is a funded opportunity, and we will be inviting 1-2 practices from each ICS in the South East that doesn't have a Collaborative Practice Programme at present, to take part.

In the meantime, if you would like to know more contact the programme leads by email Jayne.Beresford@leadershipacademy.nhs.uk or alyson.mcgregor@swyt.nhs.uk

South East Leadership for Personalised Care Programme Cohort 2

After the success of Cohort 1 of the SE region leadership for personalised care programme, we are excited to announce that we are launching Cohort 2 in the autumn. We will be running entirely online.

Making personalised care happen calls for new types of leaders who can work across organisational boundaries, make connections, and bring staff, people and communities together to drive change.

Please find the dates below:

- **Monday 18th October South East Day 1**
- **Wednesday 10th November South East Day 2**
- **Wednesday 2nd February South East Day 3**

Please email england.leadership@nhs.net for an application form or with any questions.

Leadership Espresso: Challenging Conversations

In this workshop, we'll look at the important factors of what a challenging conversation is, what makes it challenging, and what holds us back and what can help us. Important

elements to confidently having a challenging conversation include knowing your people, building trust, showing empathy and listening, whilst managing your own thoughts, feelings and emotions as well as those of others. You will be learning and sharing your examples and tips with other colleagues in like-minded situations to help support and each other.

This is a one-off workshop, with two different date options available:

- [12th October 2021 10:00-11:30](#)
- [25th November 2021 9:30-11:00](#)

Leading for System Change

The South East Leadership Academy is running a new national offer *Leading for System Change* that provides place-based support for Integrated Care Systems (ICS), to build collaborative system-wide leadership that supports pan-sector teams working across organisational boundaries on complex issues relating to ICS strategic priorities. The offer will help to build collaborative leadership thinking across all areas, building understanding and expertise regarding what it means to work at a system level - and to encourage new ways of working that will lead to better outcomes for patients.

For more information and flyer click [here](#)

Deadline: Contact email below by the 6th September 2021

If you have any questions, please do not hesitate to contact:
beth.hill@leadershipacademy.nhs.uk or nhsi.selll@nhs.net

Urgent Care for Paramedics – Minor Injuries elearning available

Health Education England and the College of Paramedics worked in partnership to develop an Urgent Care for Paramedics - Injuries module, as part of the Paramedics elearning programme. The module includes 10 elearning sessions to support paramedics in dealing with a range of injuries.

Elearning sessions include, but are not limited to:

- Ankle Injuries: aims to provide the underlying theory and assessment techniques to carry out these assessments effectively
- Knee Injuries: aims to give the pre-hospital clinician a greater understanding of knee injuries and red flags which may indicate a serious injury requiring further assessment and treatment
- Elbow Injuries: aims to provide the underlying theory and techniques to carry out these assessments effectively
- Minor Head Injury: aims to develop a foundational underpinning knowledge surrounding history taking, physical assessment and management of patients presenting with minor head injuries in the out-of-hospital environment

- **Minor Neck Injury:** This session is designed to equip paramedics with the knowledge and theory to safely manage minor neck trauma at the scene of a minor road traffic accident (RTC). There will also be an emphasis on good safety netting if the patient is safe to discharge

To register for this elearning module or for more information, please visit the [Paramedics programme page](#)

Free Shiny Mind Wellbeing and Resilience App for primary and community care staff

The BOB ICS CARE Programme is now underway within the BOB ICS and we have recruited a group of enthusiastic General Practice Nurses to take part. As part of the CARE programme funding, we have also been provided with access to the ShinyMind Wellbeing and Resilience App. The App is available for free to all primary and community NHS staff across BOB. By building a community of users on the App you will be able to support your own team and link in with others in your area. You are invited to download the ShinyMind App which can be found on the Apple app store or Google Play Store.



Please complete the google form below for access and a log in will be sent to you.
<https://forms.gle/KCRnriHffAseV8wH8>

Community Health & Wellbeing Worker Apprenticeship

This is an information event for employers: Community Health & Wellbeing Worker Apprenticeship
Calling employers interested in the Level 3 Community Health & Wellbeing Worker apprenticeship... This is your opportunity to find out more about this new apprenticeship.
Wednesday 15th September 2021 1:30pm – 3pm
Free online webinar event

Click this [link](#) for more information and to book.

Allied Health Professionals in Primary Care - Training Needs

Calling all AHPs in BOB ICS currently in General Practice can you please spend a few minutes completing the survey below for your future training needs.

You can access the survey through this link - <https://forms.office.com/r/Q8t9whWAtf>

HEE - Stroke e-learning programme available

Health Education England elearning for healthcare (HEE elfh) in partnership with Health Education England, Stroke-Specific Education Framework, and the University of Central Lancashire (UCLan) are delighted to launch their new Stroke programme. The programme is relevant for health and social care professionals involved in multidisciplinary stroke care.

For more information on this e-learning [please visit here.](#)

HEE – Roles Explorer

The HEE Roles Explorer is a collection of resources to support those responsible for planning and delivering workforce redesign.

The resources are for use when introducing new roles, or innovative adaptations to existing roles already being deployed within a service or system.

For more information please visit the below link:

[HEE Roles Explorer | Health Education England](#)

For more information about anything OTH related, please visit our website: oxfordshiretraining.net, or email us at oxfordshire.training@nhs.net.